



*Victoria's Beauty  
Compliments*

VICTORIA HAIR DESIGN  
MARKET PLACE  
SOMERTON, SOMERSET  
TA11 7NB

01458 273999



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MARKET PLACE, SOMERTON, SOMERSET TA11 7NB

01458 273999  
WWW.VICTORIASHAIRDESIGN.CO.UK  
INFO@VICTORIASHAIRDESIGN.CO.UK



## OUR PHILOSOPHY

At Victoria's Beauty Compliments, we're dedicated to putting your wellbeing at the heart of everything we do.

We've created a space to escape the everyday movements and find a moment of relaxation, helping you to unwind, de-stress and feel totally refreshed. We welcome you with open arms to come and enjoy any treatment you wish, helping you to feel like the best possible you.

We're passionate about personalising our service to suit you, so relax and we will take care of the rest.

**dermalogica**



## TIME FOR A DAY OF PAMPERING

### Spa Group Bookings From £35

Enjoy a sparkling celebration with your favourite people. Perfect for hen parties, a day out for the girls, birthdays, team building and pre-wedding preparations. We'll create a bespoke spa experience to remember. Contact us to create your bespoke package.



Enjoy a Spa lunch,  
provided by the White  
Hart.

## CLINICAL MASSAGE by Catherine Colyer £55

Clinical massage can help improve a range of movements and reduce pain in many conditions. Clinical massage techniques include trigger point therapy (NMT), myofascial release, ligament induction and sports stretching techniques. Catherine can also treat scar tissue that may have never healed correctly.



## **NUTRITION BY ELIZABETH PRICE**

**initial consultation £50 Follow up visit £35**

A nutritional therapist uses a wide range of tools to evaluate the health of a patient, then subsequently advises on lifestyle and dietary/nutritional practices to maintain good health, reduce the risk of disease and help support chronic conditions. This is all underpinned by the recognition that every person is unique and therefore the programmes they devise are personally tailored to the client.

## **PERMANENT MAKE UP BY FAYE SEAGER**

**£50 consultation**, redeemable against booking.

Permanent Cosmetic Make-up, also known as Semi-Permanent and Micropigmentation, is completely safe and effective form of cosmetic tattooing and works by implanting pharmaceutical grade pigments of your choice into the chosen treatment area.

## **TRANQUILLITY ESCAPE**

**Time with Therapist: 120 minutes £75**

Enjoy quality time with your loved one, friends and family with this wonderful spa experience. Relax, rejuvenate and de-stress, our therapists will create a bespoke experience for you. Your day of relaxation will include two treatments from the list below:

- Microzone facial
- Swedish back massage
- Perfect legs
- Manicure or pedicure (25 min)
- Tranquillity scalp massage
- Choice of White Hart sandwiches and refreshments
- Robes and slippers
- Sauna, steam shower & relax area

*Overall package is worth over £120!*





## HEALTH & WELLBEING

**Time with Therapist & Nutritionist:  
120 minutes £85**

This is a package we are very proud to provide, you will meet & consult with our nutritionist Liz Price and be advised and educated as to what dietary requirements would best suit you and your lifestyle (essentially this could change your life).

Then you will experience a beautifully balancing facial treatment with our therapist Ayla, which will help to begin rejuvenating your skin.

Consider a course of facial treatments and start to improve complexion.

- Robes & slippers
- Sauna, steam shower & relax area

*Overall package worth £120!*

## THE EMPORIUM

### **ACUPUNCTURE BY CHARLOTTE PRICE £35**

Acupuncture is a medical system that has been used for more than 23 centuries to diagnose, treat and prevent illness. Charlotte has been in practice for 15 years after completing a 3 year training in the UK. Then trained at Shanghai University where she completed a joint qualification whilst working in a training hospital in Shanghai. She runs 3 NHS acupuncture clinics a week in Glastonbury where she treat musculoskeletal doctor referrals. She is also qualified in cosmetic acupuncture.

### **CHINESE MEDICINE BY KEN LLOYD initial consultation £55 following appointments £35**

Chinese Herbal Medicine (CHM) is both an ancient and contemporary system of health care that is undergoing continual development as regards illness and disease. In its country of origin, it is not an alternative form of therapy, but it is used in the state hospitals alongside Western medicine.



## FOR HIM

### GROOM GROOMING | ½ hours £65



Our Spa therapist will make sure your skin is hydrated and prepared, with a back treatment to sooth and relax. Followed by a grooming session to soften feet, cut nails and give that professional finish.

### STOP & RELAX 1 hour £42

A relaxing back, neck and leg massage to help ease aches and pains.



## TIME FOR MUMS

### POST PREGNANCY PAMPER Time with the Therapist: 145 minutes £85

Time with the Therapist: 145 minutes £85  
We'll help to nourish your skin and soothe aching muscles to make sure you feel truly pampered and relaxed during your pregnancy. Your day of relaxation will include:

- New mum indulgence treat.
- Manicure or Pedicure (25min)
- Perfect legs
- Choice of White Hart sandwiches/little things and refreshments
- Robes and slippers
- Sauna, steam shower & relax area.

*Overall package is worth over £120!*



## BEAUTIFUL EYES

To enhance the experience of the following treatments, a relaxing scalp massage is included. A 24-hour patch test is required for all beautiful eyes treatments

- Eyebrow Shape £7 (*£3 when added to a facial*)
- Eyebrow Tint £8 (*£5 when added to a facial*)
- Eyelash Tint £15 (*£10 when added to a facial*)
- Eyelash Tint & Brow Tint £20
- Eyelash & brow Tint, Eyebrow shape £25



## TAN

**Always Bronzed £20 Buy 6 sessions for £100**

Using the latest and sophisticated spray tan, our therapists will ensure you to leave the spa bronzed and beautiful.



## TIME FOR THAT SPECIAL DAY Beautiful Bride £90 (including trial)

Using our range of professional, natural mineral make-up by ARBONNE, let our make-up artists enhance your features and ensure you to look your best on your big day.

We invite you to have a trial run where we discuss your colour selection and ensure you are delighted with the application, so that things run smoothly on your wedding day. We can also organise travel to your desired location on the day.



  
ARBONNE.



## CLEANSING & PURIFYING BACK TREATMENT

40 minutes £32

A facial for your back! Following our unique back diagnostic, a massage to relax and release blocked energy, a skin-brightening exfoliation re-oxygenates skin while targeting spots, black heads and general congestion.

Essential pre-wedding and holidays, it transforms the skin to super-smooth velvety touch.



## NAILS

### MANICURE

- File & Polish £12.50
- Vinylux manicure £20

### PEDICURE

- File & Polish Toes £15
- Spa Pedicure Vinylux £36
- Cal Gel On Toes £40

### SHELLAC NAILS

- Overlays £20
- Removal £10
- Repair £7

### CAL GEL

- Overlays £27
- Gel Extensions £45
- Repair £7
- Removal £10

**CALGEL** VINYLUX™  
THE ORIGINAL PRO STYLEGEL





## WAX SMOOTH

- Half Leg £16
- Full Leg £25
- Bikini Line Standard £8.50
- Bikini Line High Leg £10.50
- Bikini Line Extended from £16
- Underarm £8.50
- Arms £16
- Upper lip/Chin £7
- Back wax £16
- Chest £20

*It is not recommended to expose the skin to heat or perfumed products following waxing for 24hours*

## NEW MUM INDULGENCE TREAT

**90 minutes £68**

Our new post-natal treatment takes care of you top-to-toe. Deeply relaxing, this face and body treat utilises Dermalogica's most sumptuous, replenishing products to help ease backache, improve circulation and combat fatigue.

A divine detoxifying massage soothes tired legs and an over-tired body and mind, while an illuminating facial improves skin tone and elasticity, helping new mums re-energise to feel themselves again. Leave skin as soft as your newborn.





### **SPA RITUAL 10 minutes £10**

This foot ritual is the perfect way to begin any treatment. Relax as our therapist soaks your feet with warm water, blended with bespoke aromatherapy oils. The sequence of movements that are used as they work over your feet and around your ankles have been specifically combined to kick-start the circulation, facilitate drainage of toxins and relax the mind and body

### **PERFECT LEGS 30 minutes £30**

For a spring in your step, this legs treatment detox, stimulates and revitalises. Warming and relaxing essential oil blend, eases heavy, aching muscles and improves circulation. Ideal pre-and post- holiday travel, also post pregnancy when puffy ankles and fluid retention can be problematic. Leaves tired legs and feet feeling like they're walking on air.

### **MASSAGE**

- Swedish Back, Neck & Shoulder 30min £29
- Swedish Back, Neck, Shoulder & Scalp 45min £32
- Full Body 60min £42
- Full Body, Face & Scalp 1 hour 15min £45



## FACIAL TREATMENTS

### FACE MAPPING® AND SKINBAR

**15 minutes Complementary**

A professional consultation with skin analysis that reveals your skins past, present and healthiest future. At SkinBar we will enable you to get a feel for the products we've prescribed; helping you to ... "feel happy in the skin you're in"!

### MICROZONE 30 minutes £26

Want a professional skin treatment but short on time? Get on-the-spot skin solutions with MicroZone® treatments. We'll address your top skin concern, hands-on, with our exclusive Dermalogica MicroZone® treatments – the quick fix for troubled skin. After consultation and Face Mapping® skin analysis we will determine your skins most pertinent skin needs and focus on key stages of treatment to get you maximum results in a minimum of time.

## FACIAL TREATMENTS

### DERMALOGICA PRESCRIPT FACIAL

**60 minutes £48**

Dermalogica's flagship skin treatment directs everything in Dermalogica's arsenal towards your best skin. Completely customised to your skin's needs, it's one treatment that's different every time! Each treatment includes professional double cleansing, face mapping®, exfoliation, extractions (as needed), touch therapy, masque, toner and skin protection.

### DERMALOGICA TOUCH THERAPIES 15 minutes £15

Customise your Dermalogica Skin Treatment with your choice of Touch Therapy

- Face massage
- Stress relief neck and shoulder massage
- Stress relief back
- Stress relief foot
- Stress relief hand and arm
- Stress relief scalp